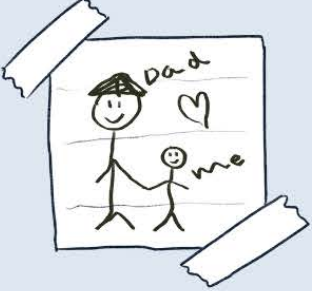


# Winter 2025

## Client Newsletter



## Dads

Shout-Out to Our Awesome Dads!

At our center, we know that dads matter too! Being a dad is a big job, and we are so proud of the men who are stepping up to care for their babies and support their families. Whether you're learning how to change a diaper, finding a job, or just trying to be there for your child—you are making a difference. We see you, we're proud of you, and we're here to walk beside you every step of the way.



## Every Father Figure Matters

It's not just dads who make a difference—uncles, grandpas, brothers, and other father figures play a big role too. Kids need strong, caring men in their lives to help guide them, cheer them on, and show them love. If you're one of those men, thank you. You are helping shape the next generation in a powerful way.



## To the Mom Who Does It All

You carry so much with such quiet strength — the late nights, the little hands, the endless prayers whispered between tasks. You love deeply, give freely, and somehow keep going.

**Know this:** God sees every effort, every tear, every small act of love. And your love - imperfect and steadfast is more than enough.

## Saint Joseph A Strong Father

Saint Joseph wasn't Jesus' birth dad, but he stepped up to love and raise Him. He worked hard, protected his family, and followed God. Joseph shows us that a good father is, someone who shows up with love and faith, no matter what.



# Holiday Events for the Family!



## Winter Festival Parade & Tree Lighting

Nov 28, 2025,  
4:00 pm start

Main Street & Town Plaza,  
Metuchen, NJ

## Christmas Tree Lighting

Dec 3, 2025,  
5:00 pm

Papaianni Park, 100  
Municipal  
Blvd, Edison, NJ 08817

## Linden Annual Holiday Tree Lighting

Saturday, Dec 6, 2025  
(Tentative) 4 PM

Linden City Hall, 301 North  
Wood Avenue, Linden, NJ  
07036

## Santa & The Grinch Neighborhood Tour

Thursday, Dec  
18, 2025  
(Tentative) 5 PM

Begins at Smith St &  
Herbert St,  
Perth Amboy, NJ



## Consultant Schedule

**Monday: Elaine 9:30 am - 12 pm**  
**Tuesday: Nitza 10 am - 11 am (By request)**  
**Wednesday: Mimi 11 am - 2 pm**  
**Thursday: Linda 10 am - 12 pm**  
**Marie 1 pm - 3 pm**  
**Agnes 4:30 pm - 5:30 pm**  
**Friday - Fanny 10 am - 11 am**

Check out our  
Instagram!



Scan the QR code  
using the camera on  
your phone to leave a  
review on  
Google or Facebook!

## LOVE US? DROP A REVIEW!

We'd **love** to hear about your experience with us! Please help spread the word by leaving a review, liking our pages, and giving us a follow! **Thank you!**



**Google:**  
Choices Options for  
Women's Health



**Facebook:**  
<https://www.facebook.com/choices.optionsforwomen>



## RESOURCES

Shop **SMART!** We recommend these easy-on-your-wallet stores for all types of merchandise:

- Once Upon a Child
- Dollar Tree
- Marshall's
- Five Below
- TJ Maxx
- UNIQUE
- Aldi



## PLEASE DO NOT TEXT AFTER HOURS UNLESS IT IS AN EMERGENCY

Our after hours hotline/textline is for  
**EMERGENCIES ONLY!**

If you have questions regarding material needs, your Bright Course videos, or any non-emergencies **PLEASE** wait until the next business day! **M-F 9 am - 4 pm**